

**Sustainable Self, LLC**  
**Thomas Joseph Doherty, Psy. D.**  
**Usual and Customary Fees – Oct 2014**

Activity	Rate	Self-Pay Discount	Session Length	Insurance Code
Telephone Consultation	No Charge			
Individual Counseling	165.00	130.00	50 minutes	90837
Family / Couples Counseling	185.00	150.00	50 minutes	90847
Group Counseling	55.00	45.00	80 minutes	90857
Intake Session and Diagnostic Interview	250.00	195.00	80 minutes	90801
Personal Coaching	Call for information			
Executive Coaching				
Consultation to Business or Organizations				

**Financial Policies**

**Payments:** All payments are due in full by cash, check, or credit card at the time of the service unless prior arrangements are made. If using insurance, co-payments and/or deductibles are due at the time of service.

**Cash payment discount:** Clients paying in full at the time of service and not using insurance are entitled to a 20% self-payment discount.

**Insurance Reimbursement:** Thomas Doherty is a provider with Regence Blue Cross and MODA Health Plans. Other insurance companies may reimburse for his services on an “out of network” basis. Contact your insurance provider and clarify your benefits.

**Billing and Insurance Questions:** Contact *Sharon Madden* 503-704-3958

**Fees:** A late cancellation fee of \$80.00 will be charged for sessions missed without 24-hour notice (Friday notice for Monday appointments).

**Additional Service Fees:** Extended telephone sessions or consultations will be billed at the individual session rate on a prorated basis. Preparation of reports or letters will be billed on a prorated basis at the individual session rate. Professional services related to legal proceedings are billed at \$250.00 per hour.



Thomas Joseph Doherty, Psy. D. | Licensed Psychologist  
 ph 503 288 1213 | fx 503 710 9068 | thomas@selfsustain.com  
 NuMiss | 4039 N. Mississippi Ave, Ste. 309, Portland OR 97227-1477