

Emerging Trends in Ecotherapy



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Lewis & Clark
Graduate School of
Education and Counseling



Friday, April 16th, 2010, 9 a.m.-4 p.m.
Room 101, South Campus Conference Center
Lewis & Clark

Ecotherapy expands the scope of counseling beyond family and community systems to recognize the important role that one's relationship with the natural world can play in health, emotions and identity across the lifespan. Ecotherapy also provides ways for counselors and healthcare providers to utilize nature contacts and connections to promote physical and mental health.

This one-day experiential workshop provides an orientation to the historical background and theoretical approaches associated with ecotherapy. We will also survey psychological research regarding human-nature relationships and conservation behaviors that point to the efficacy of ecotherapy interventions. Participants will learn applications of ecotherapy in coun-

selling & healthcare settings and opportunities for integrating ecotherapy practices into their personal and professional lives.

Patricia Hasbach, Ph.D. & Thomas Doherty, Psy.D. developed the Ecotherapy course at Lewis & Clark's Graduate School of Counseling & Education. In addition to using ecopsychological methods in their own therapy and consulting practices, Thomas coordinates Lewis & Clark's graduate Ecopsychology Studies Program, and is Editor-in-Chief of the international Ecopsychology journal; Patricia is writing and co-editing two books for MIT Press related to Ecopsychology and the rediscovery of the wild.

Fee for 6 CEUs:

\$125 if postmarked or faxed before March 26; \$140 after March 26

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Note: Confirmations will be sent via email unless otherwise noted.
All cancellations must be received in writing at least three business days prior to the first class meeting for a full refund.

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