

# An Annotated Guide to Graduate Education in Environmentally Focused Psychology and Therapy in the United States, Canada, and Mexico

Rebecca Macy and Thomas Doherty

Lewis & Clark Graduate School of Counseling, Portland, Oregon.

This guide was compiled based on the contact lists of the authors and queries to representative listserv's, academic journals, and disciplinary websites. Programs with substantive and ongoing environmentally focused psychology, psychotherapy, or counseling curricula were sought for inclusion in the guide. Criteria included the presence of one or more of the following keywords in their academic course catalogs and/or institutional Web sites: ecopsychology, environmental psychology, conservation psychology, and human ecology. The guide is intended to be a reference for graduate students and educators and, while aiming toward comprehensiveness, it is not meant to be definitive. The results of this relatively informal survey indicate a number of environmentally focused psychology and therapy training programs across a variety of program types, practice settings, and regions. Directions for future research include an international survey of programs; details on program type, philosophy, and enrollments; and examination of emerging trends in credentialing, certification, and professional practice.

## GRADUATE PROGRAM DIRECTORY

### Master's Degree Programs

#### Antioch University New England

Keene, NH

*MS Environmental Studies*

Focus: Concentrations in advocacy for social justice & sustainability, environmental education, self-designed studies, and sustain-

able development, conservation psychology, and climate change

[www.antiochne.edu/es/](http://www.antiochne.edu/es/)

Accredited: Higher Learning Commission of the North Central Association of Schools and Colleges

Laura B. Andrews, MEd: [landrews@antioch.edu](mailto:landrews@antioch.edu)

#### Antioch University Seattle

Seattle, WA

*MA Psychology*

Focus: Applied psychology program with an ecopsychology concentration

[www.antiochsea.edu/academics/psychology/ecopsychology-overview.html](http://www.antiochsea.edu/academics/psychology/ecopsychology-overview.html)

Accredited: Higher Learning Commission of the North Central Association of Schools and Colleges

Lisa Lynch, PhD: [llynch@antioch.edu](mailto:llynch@antioch.edu)

#### California Institute of Integral Studies

San Francisco, CA

*MA East-West Psychology*

Focus: Flexible program with opportunity to study approaches in depth psychology, transpersonal psychology, consciousness studies, east-west spiritual counseling, ecopsychology, and shamanic studies

[www.ciis.edu/Academics/Graduate\\_Programs/East\\_West\\_Psychology\\_/About\\_MA\\_Program.html](http://www.ciis.edu/Academics/Graduate_Programs/East_West_Psychology_/About_MA_Program.html)

Accredited: Western Association of Schools and Colleges

*MA Philosophy, Cosmology & Consciousness Studies*

## MACY AND DOHERTY

Focus: Intensive multidisciplinary course of study with an integral ecology track

[www.ciis.edu/Academics/Graduate\\_Programs/Philosophy\\_Cosmology\\_and\\_Consciousness\\_.html](http://www.ciis.edu/Academics/Graduate_Programs/Philosophy_Cosmology_and_Consciousness_.html)

Accredited: Western Association of Schools and Colleges  
Admissions Dpt.: [admissions@ciis.edu](mailto:admissions@ciis.edu)

### California State University, San Marcos

San Marcos, CA

*MA Psychology*

Focus: Coursework in applied social psychology, behavioral research & conservation psychology in General Experimental Psychology program

[www.csusm.edu/psychology/](http://www.csusm.edu/psychology/)

Accredited: Western Association of Schools and Colleges  
Wesley Schultz, PhD: [wschultz@csusm.edu](mailto:wschultz@csusm.edu)

### Carleton University

Ottawa, ON

*MA Psychology*

Focus: Strong research focus offering thesis supervision in conservation psychology (people's connection with nature, sustainable behavior, health, well-being, etc.) by select faculty

[www2.carleton.ca/psychology/](http://www2.carleton.ca/psychology/)

Accredited: NA

John M. Zelenski, PhD: [john\\_zelenski@carleton.ca](mailto:john_zelenski@carleton.ca)

Mary Gick, PhD: [mary\\_gick@carleton.ca](mailto:mary_gick@carleton.ca)

### College of the Atlantic

Bar Harbor, ME

*MPh Human Ecology*

Focus: Multidisciplinary approach with individualized study and research in arts and design, environmental sciences, and human studies

[www.coa.edu/graduate-program.htm](http://www.coa.edu/graduate-program.htm)

Accredited: New England Association of Schools  
Admissions Dpt: 800.528.0025

### Cornell University

Ithaca, NY

*MS Human Environmental Relations*

Focus: Coursework and research opportunities in sustainability, environmental psychology, and human environment relations with concentrations in sustainable design studies, applied

research in human environment relations, facility planning & management, and human factors & ergonomics

[www.human.cornell.edu/che/DEA/index.cfm](http://www.human.cornell.edu/che/DEA/index.cfm)

Accredited: Middle States Commission on Higher Education  
Jack (John) Elliot, MEDes: [jre15@cornell.edu](mailto:jre15@cornell.edu)

### Indiana University

Bloomington, IN

*MS Recreation*

Focus: Recreation, park, and tourism studies with therapeutic recreation major offered in Outdoor Adventures program

[www.indiana.edu/~recpark/index.shtml](http://www.indiana.edu/~recpark/index.shtml)

Accredited: National Recreation & Park Association  
Alan Ewert, PhD: [aewert@indiana.edu](mailto:aewert@indiana.edu)

### Institute of Global Education

Friday Harbor, WA

*MS Applied Ecopsychology*

Focus: Continuing education, certification program, or full degrees offered online in applied ecopsychology; degrees may be tailored for application to a wide variety of professions

[www.ecopsych.com/](http://www.ecopsych.com/)

Accredited: Northwest Commission on Colleges & Universities (courses through Portland State University), United Nations Educational, Scientific and Cultural Organization (degrees through Akamai University)

Michael J. Cohen, PhD: [nature@interisland.net](mailto:nature@interisland.net)

### John F. Kennedy University

Pleasant Hill, CA

*Ecotherapy Certificate*

Focus: A hybrid online-classroom program offering training in methods for transforming the human relationship to nature in the service of healing and well-being

[www.jfku.edu/Programs-and-Courses/College-of-Professional-Studies/Integral-Studies/Programs/Certificate-in-Ecotherapy.html](http://www.jfku.edu/Programs-and-Courses/College-of-Professional-Studies/Integral-Studies/Programs/Certificate-in-Ecotherapy.html)

Accredited: Western Association of Schools and Colleges  
Craig Chalquist, PhD: [cchalquist@jfku.edu](mailto:cchalquist@jfku.edu)

### Lakehead University

Thunder Bay, Ontario

*MES Nature-Based Recreation & Tourism*

Focus: Development of research skills and knowledge in policy & planning and recreation & tourism behavior

<http://outdoorrec.lakeheadu.ca/GraduateProgram/>

Accredited: NA  
Raynald Harvey Lemelin, PhD: (807) 343-874

**Lesley University**

Cambridge, MA

*MS Ecological Teaching & Learning*

Focus: Coursework in ecological principles and integration of ecological concepts and activities into the learning process

[www.lesley.edu/offcampus/term/gsass\\_etl\\_programs.html](http://www.lesley.edu/offcampus/term/gsass_etl_programs.html)

Accredited: New England Association of Schools & Colleges

William T. Stokes, EdD: [wstokes@lesley.edu](mailto:wstokes@lesley.edu)

**Lewis & Clark College**

Portland, OR

*MA/MS Counseling Psychology*

Focus: Courses in ecopsychology, eco-counseling, and wilderness therapy with opportunity for master's theses and independent study; eco-counseling certification in development

[http://graduate.lclark.edu/departments/counseling\\_psychology/](http://graduate.lclark.edu/departments/counseling_psychology/)

Accredited: Northwest Association of Schools & Colleges

Thomas Doherty, PsyD: [tdoherty@lclark.edu](mailto:tdoherty@lclark.edu)

**Minnesota State University, Mankato**

Mankato, MN

*MS Experiential Education*

Focus: Individualized studies with coursework and electives in educational leadership and experiential education with option of completing an Adventure Education program

<http://ed.mnsu.edu/edleadership/exed/>

Accredited: North Central Association of College & Secondary Schools

Admissions Dpt: [grad@mnsu.edu](mailto:grad@mnsu.edu)

**Naropa University**

Boulder, CO

*MA Transpersonal Psychology*

Focus: Ecopsychology concentration integrating psychology and ecology in the study of human-nature relationships

[www.naropa.edu/academics/graduate/psychology/tcp/ecoc/index.cfm](http://www.naropa.edu/academics/graduate/psychology/tcp/ecoc/index.cfm)

Accredited: Higher Learning Commission of the North Central Association of Schools and Colleges

Hannah Upham, MA, ATR, HTR: [hupham@naropa.edu](mailto:hupham@naropa.edu)

*MA Transpersonal Counseling Psychology*

Focus: Wilderness therapy degree concentration with clinical coursework combining psychological counseling skills with

disciplines such as adventure therapy, ecopsychology, and wilderness skills training

[www.naropa.edu/academics/graduate/psychology/tcp/wilderness/index.cfm](http://www.naropa.edu/academics/graduate/psychology/tcp/wilderness/index.cfm)

Accredited: Higher Learning Commission of the North Central Association of Schools and Colleges

Anne-Marie Cory: [acory@naropa.edu](mailto:acory@naropa.edu)

*MA Environmental Leadership*

Focus: Integrated, living-systems perspective infused with insights from ecopsychology and contemplative traditions

[www.naropa.edu/academics/graduate/enviro/index.cfm](http://www.naropa.edu/academics/graduate/enviro/index.cfm)

Accredited: Higher Learning Commission of the North Central Association of Schools and Colleges

Nancy Jane: [njane@naropa.edu](mailto:njane@naropa.edu)

**National University of Mexico**

Mexico City, MX

*MS Psychology*

Focus: Coursework and research opportunities in environmental psychology taught in Spanish

[www.posgrado.unam.mx/psicologia/](http://www.posgrado.unam.mx/psicologia/)

Accredited: NA

Javier Urbina-Soria: [jurbina@unam.mx](mailto:jurbina@unam.mx)

**Pacifica Graduate Institute**

Carpenteria, CA

*MA Depth Psychology*

Focus: Specializations in Jungian/archetypal studies, community psychology/liberation psychology/ecopsychology, and somatic psychology

[www.pacifica.edu/depth\\_program.aspx](http://www.pacifica.edu/depth_program.aspx)

Accredited: Western Association of Schools and Colleges

Joseph Coppin, PhD: [contact@pacifica.edu](mailto:contact@pacifica.edu)

**Prescott College**

Prescott, AZ

*MA Counseling Psychology*

Focus: Individualized program offering concentrations in ecopsychology, ecotherapy, and adventure-based psychotherapy

[www.prescott.edu/academics/map/index.html](http://www.prescott.edu/academics/map/index.html)

Accredited: Higher Learning Commission

Ted Bouras, MS: [tbouras@prescott.edu](mailto:tbouras@prescott.edu)

**Royal Roads University**

Victoria, BC

## MACY AND DOHERTY

### *MA Environmental Education & Communication*

Focus: Coursework on systems, ethics and worldviews, conflict, communication theory, instructional design, learning theory, and research methods; environmental psychology-related theses opportunities available

[www.royalroads.ca/program/environmental-education-and-communication-ma](http://www.royalroads.ca/program/environmental-education-and-communication-ma)

Accredited: NA

Richard Kool, PhD: [rick.kool@royalroads.ca](mailto:rick.kool@royalroads.ca)

### **Saybrook University**

San Francisco, CA

#### *MA Psychology*

Focus: Coursework in ecological psychology and organizational systems with full degree or certificate program in sustainability

[www.saybrook.edu/phs/academicprograms/psy](http://www.saybrook.edu/phs/academicprograms/psy)

Accredited: Western Association of Schools and Colleges

Linda Riebel, PhD: [lriebel@saybrook.edu](mailto:lriebel@saybrook.edu)

Nancy Southern, EdD: [nsouthern@saybrook.edu](mailto:nsouthern@saybrook.edu)

Mark Pilisuk, PhD: [mpilisuk@saybrook.edu](mailto:mpilisuk@saybrook.edu)

### **University of Michigan**

Ann Arbor, MI

#### *MS Natural Resources & Environment*

Focus: Coursework and research opportunities in environmental education, environmental psychology, conservation psychology, sustainable living, and behavior change; behavioral education and communication track offered

[www.snre.umich.edu/degree\\_programs/bec/overview](http://www.snre.umich.edu/degree_programs/bec/overview)

Accredited: American Association of Landscape Architects

Raymond DeYoung, PhD: [rdeyoung@umich.edu](mailto:rdeyoung@umich.edu)

### **University of New Hampshire**

Durham, NH

#### *MSW/MS Kinesiology: Outdoor Education*

Focus: Dual-degree program in social work and outdoor education emphasizing the utilization and application of adventure therapy in an agency setting

[www.shhs.unh.edu/kin\\_oe/grad\\_oe.html](http://www.shhs.unh.edu/kin_oe/grad_oe.html)

Accredited: Council on Social Work Education

Michael Gass, PhD, LMFT: [mgass@unh.edu](mailto:mgass@unh.edu)

### **University of Utah**

Salt Lake City, UT

#### *MA Environmental Humanities*

Focus: Accommodate interdisciplinary demand and interest in a humanities perspective on environmental areas of scholarship

[www.hum.utah.edu/eh/](http://www.hum.utah.edu/eh/)

Accredited: Higher Learning Commission of the North Central Association of Schools and Colleges

Steve Tatum, PhD: [tatum@english.utah.edu](mailto:tatum@english.utah.edu)

#### *MS Human Development & Social Policy*

Focus: Multidisciplinary and policy-focused research training with specialization track in environment behavior and community studies

[www.msu.edu/user/lounsbu1/utah.html](http://www.msu.edu/user/lounsbu1/utah.html)

Accredited: Northwest Commission on Colleges and Universities

Barbara Brown, PhD: [barbara.brown@fcs.utah.edu](mailto:barbara.brown@fcs.utah.edu)

### **University of Victoria**

Victoria, British Columbia

#### *MSc Psychology*

Focus: Individualized program in environmental psychology

[http://web.uvic.ca/psyc/graduate/individualized\\_programs.php](http://web.uvic.ca/psyc/graduate/individualized_programs.php)

Accredited: NA

Robert Gifford, PhD: [rgifford@uvic.ca](mailto:rgifford@uvic.ca)

### **University of Wisconsin Superior**

Superior, WI

#### *MA Art Therapy*

Focus: General art therapy coursework with expressive ecopsychology concentration

[www.uwsuper.edu/acaddept/art/arttherapy/gradart.cfm](http://www.uwsuper.edu/acaddept/art/arttherapy/gradart.cfm)

Accredited: National College Accreditation Council

Admissions Dpt: [art@uwsuper.edu](mailto:art@uwsuper.edu)

## Doctoral Degree Programs

### **Antioch University New England**

Keene, NH

#### *PhD Environmental Studies*

Focus: Research specializations on topics such as environmental education and learning theory, and conservation psychology

[www.antiochne.edu/es/phd/](http://www.antiochne.edu/es/phd/)

Accredited: Higher Learning Commission of the North Central Association of Schools and Colleges

Laura B. Andrews, MEd: [landrews@antioch.edu](mailto:landrews@antioch.edu)

### **California Institute of Integral Studies**

San Francisco, CA

#### *PhD East-West Psychology*

Focus: Flexible program with opportunity to research and study approaches in depth psychology, transpersonal psychology, consciousness studies, east-west spiritual counseling, ecopsychology, and shamanic studies  
[www.ciis.edu/Academics/Graduate\\_Programs/East\\_West\\_Psychology\\_/About\\_PhD\\_Program.html](http://www.ciis.edu/Academics/Graduate_Programs/East_West_Psychology_/About_PhD_Program.html)

*PhD Philosophy, Cosmology & Consciousness Studies*

Focus: Intensive multidisciplinary course of study and research with an integral ecology track  
[www.ciis.edu/Academics/Graduate\\_Programs/Philosophy\\_Cosmology\\_and\\_Consciousness\\_.html](http://www.ciis.edu/Academics/Graduate_Programs/Philosophy_Cosmology_and_Consciousness_.html)  
 Accredited: Western Association of Schools and Colleges  
 Admissions Dpt: [admissions@ciis.edu](mailto:admissions@ciis.edu)

**Carleton University**

Ottawa, ON  
*PhD Psychology*  
 Focus: Psychology program with strong research focus offering theses supervision in conservation psychology (people's connection with nature, sustainable behavior, health, and well-being) by select faculty  
[www2.carleton.ca/psychology/](http://www2.carleton.ca/psychology/)  
 Accredited: NA  
 John M. Zelenski, PhD: [john\\_zelenski@carleton.ca](mailto:john_zelenski@carleton.ca)  
 Mary Gick, PhD: [mary\\_gick@carleton.ca](mailto:mary_gick@carleton.ca)

**City University of New York**

New York City, NY  
*PhD Environmental Psychology*  
 Focus: Research, theory, and practice in environmental psychology  
<http://web.gc.cuny.edu/Psychology/environmental/index.htm>  
 Accredited: Middle States Commission on Higher Education  
 David Chapin, PhD: [cdivad@mac.com](mailto:cdivad@mac.com)

**Cornell University**

Ithaca, NY  
*PhD Human Behavior & Design*  
 Focus: Multidisciplinary program integrating social sciences and design with coursework and research in sustainability, environmental psychology, and human environment relations  
[www.human.cornell.edu/che/DEA/index.cfm](http://www.human.cornell.edu/che/DEA/index.cfm)  
 Accredited: Middle States Commission on Higher Education  
 Jack (John) Elliot, MEdes: [jre15@cornell.edu](mailto:jre15@cornell.edu)

**Indiana University**

Bloomington, IN  
*PhD Leisure Behavior*  
 Focus: Recreation, park, and tourism studies in Outdoor Adventures degree program  
[www.indiana.edu/~recpark/graduate/index.shtml](http://www.indiana.edu/~recpark/graduate/index.shtml)  
 Accredited: National Recreation & Park Association  
 Alan Ewert, PhD: [aewert@indiana.edu](mailto:aewert@indiana.edu)

**Institute of Global Education**

Friday Harbor, WA  
*PhD Applied Ecopsychology*  
 Focus: Continuing education, certification program, or full degrees offered online in applied ecopsychology; degrees may be tailored for application to a wide variety of professions  
[www.ecopsych.com](http://www.ecopsych.com)  
 Accredited: Northwest Commission on Colleges & Universities (courses through Portland State University), United Nations Educational, Scientific and Cultural Organization (degrees through Akamai University)  
 Michael J. Cohen, PhD: [nature@interisland.net](mailto:nature@interisland.net)

**Pacifica Graduate Institute**

Carpenteria, CA  
*PhD Depth Psychology*  
 Focus: Specializations in Jungian/archetypal studies, community psychology/liberation psychology/ecopsychology, and somatic psychology  
[www.pacifica.edu/depth\\_program.aspx](http://www.pacifica.edu/depth_program.aspx)  
 Accredited: Western Association of Schools and Colleges  
 Joseph Coppin, PhD: [contact@pacifica.edu](mailto:contact@pacifica.edu)

**Pennsylvania State University**

University Park, PA  
*PhD Social Psychology*  
 Focus: Traditional social psychology curriculum with research opportunities in environmental issues with Dr. Janet Swim and program evaluation with Dr. Mel Mark  
<http://psych.la.psu.edu/graduate/programAreas/socialArea/index.shtml>  
 Accredited: Middle States Commission on Higher Education  
 Janet Swim, PhD: [jswim@psu.edu](mailto:jswim@psu.edu)

**Prescott College**

Prescott, AZ  
*PhD Education*

## MACY AND DOHERTY

Focus: Individualized program with flexibility to create own courses in the sustainability education concentration, such as ecopsychology and ecotherapy

[www.prescott.edu/academics/index.html](http://www.prescott.edu/academics/index.html)

Accredited: Higher Learning Commission of the North Central Association of Schools and Colleges

Ted Bouras, MS: [tbouras@prescott.edu](mailto:tbouras@prescott.edu)

### Saybrook University

San Francisco, CA

*PsyD/PhD Psychology*

Focus: Coursework and research in psychology and organizational systems; certificate program in sustainability

[www.saybrook.edu/phs/academicprograms/psy](http://www.saybrook.edu/phs/academicprograms/psy)

Accredited: Western Association of Schools and Colleges

Linda Riebel, PhD: [lriebel@saybrook.edu](mailto:lriebel@saybrook.edu)

Nancy Southern, EdD: [nsouthern@saybrook.edu](mailto:nsouthern@saybrook.edu)

Mark Pilisuk, PhD: [mpilisuk@saybrook.edu](mailto:mpilisuk@saybrook.edu)

### University of Colorado Denver

Denver, CO

*PhD Design & Planning*

Focus: Flexible interdisciplinary program with a sustainable and healthy environments track offering courses on the social aspects of adopting sustainable practices relative to the physical environment; environment and behavior course is part of three-course required core emphasizing behavior related to sustainability

[www.ucdenver.edu/academics/colleges/ArchitecturePlanning/ExplorePrograms/phd/Pages/Phd.aspx](http://www.ucdenver.edu/academics/colleges/ArchitecturePlanning/ExplorePrograms/phd/Pages/Phd.aspx)

Accredited: North Central Association of Colleges and Secondary Schools

Kevin J. Krizek, PhD: [kevin.krizek@colorado.edu](mailto:kevin.krizek@colorado.edu)

Louise Chawla, PhD: [louise.chawla@colorado.edu](mailto:louise.chawla@colorado.edu)

### University of Michigan

Ann Arbor, MI

*PhD Natural Resources & Environment*

Focus: Coursework and research opportunities in environmental education, environmental psychology, conservation psychology, sustainable living, and behavior change

[www.snre.umich.edu/degree\\_programs/phd](http://www.snre.umich.edu/degree_programs/phd)

Accredited: American Association of Landscape Architects

Raymond DeYoung, PhD: [rdeyoung@umich.edu](mailto:rdeyoung@umich.edu)

### University of New Hampshire

Durham, NH

*PhD Experiential/Outdoor Education*

Focus: Collaborative program between Education Department, Outdoor Education Program, and Department of Kinesiology

[www.shhs.unh.edu/kin\\_oe/oe\\_phd.html](http://www.shhs.unh.edu/kin_oe/oe_phd.html)

Accredited: Association for Experiential Education

Michael Gass, PhD, LMFT: [mgass@unh.edu](mailto:mgass@unh.edu)

### University of Victoria

Victoria, BC

*PhD Psychology*

Focus: Individualized program in environmental psychology

[http://web.uvic.ca/psyc/graduate/individualized\\_programs.php](http://web.uvic.ca/psyc/graduate/individualized_programs.php)

Accredited: NA

Robert Gifford, PhD: [rgifford@uvic.ca](mailto:rgifford@uvic.ca)

### University of Washington

Seattle, WA

*PhD Developmental Psychology*

Focus: Research-based program with emphasis on human interaction with nature and technological systems

<http://web.psych.washington.edu/areas/developmental/index.html>

Accredited: American Psychological Association

Peter H. Kahn, Jr., PhD: [pkahn@uw.edu](mailto:pkahn@uw.edu)

Address correspondence to:

Rebecca Macy

Lewis & Clark Graduate School of Education & Counseling

4844 NE 27 Ave.

Portland, OR 97211

E-mail: [rmacy@lclark.edu](mailto:rmacy@lclark.edu)

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California State University, San Marcos	San Marcos, CA	MA Psychology	2
College of the Atlantic	Bar Harbor, ME	MPh Ecology	2
Cornell University	Ithaca, NY	MS Human Environmental Relations	2
Indiana University	Bloomington, IN	MS Recreation	2
Institute of Global Education	Friday Harbour, WA	MS Applied Ecopsychology	2
John F. Kennedy University	Pleasant Hill, CA	Ecotherapy Certificate	2
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Lewis & Clark College	Portland, OR	MA/MS Counseling Psychology	3
Minnesota State University, Mankato	Mankato, MN	MS Experiential Education	3
Naropa University	Boulder, CO	MA Transpersonal Psychology	3
		MA Transpersonal Counseling Psychology	3
		MA Environmental Leadership	3
Pacifica Graduate Institute	Carpenteria, CA	MA Depth Psychology	3
Prescott College	Prescott, AZ	MA Counseling Psychology	3
Saybrook University	San Francisco, CA	MA Psychology	4
University of Michigan	Ann Arbor, MI	MS Natural Resources & Environment	4
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Pennsylvania State University	University Park, PA	PhD Social Psychology	5
Prescott College	Prescott, AZ	PhD Education	5
Saybrook University	San Francisco, CA	PsyD/PhD Psychology	6
University of Colorado Denver	Denver, CO	PhD Design & Planning	6
University of Michigan	Ann Arbor, MI	PhD Natural Resources & Environment	6
University of New Hampshire	Durham, NH	PhD Experiential/Outdoor Education	6
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CANADA			
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